



UMUK APPLICATION FORM

1st September – 3rd September 2023

QUALIFICATION FOR ENTRY

Entry to UMUK event is by invitation only. Organisers will select and invite a maximum of 30 athletes on a first come, first served basis as the applications are received and if otherwise qualified. The selection of invitees will be

based upon the experience, qualifications and criteria met for each applicant.

It is recommended that the applicant will have completed at least one iron distance race within the previous 18 months of the event being applied for. Other ultra-distance events are also considered as qualifiers assuming

they have distances equal to or greater than iron distances. Other solo long distance events are considered if it is

deemed they require the planning and training that would be of benefit to the athlete doing UMUK.

ENTRY FEES £495

The entry fee is an all-inclusive price for staging the event. The entry fee does NOT INCLUDE the following: accommodation, transportation to and from the race venue, meals, nutritional needs, race supplies, vehicle rental

or medical support additional to First Aid (eg. hospital treatment). It is the responsibility of the competitor to cover

ALL the expenses of the support team members unless otherwise previously agreed between them.

All fees are stated and charged in Pounds Sterling. Your bank will charge your account in accordance with its own

policies with regard to foreign exchange if you are a non-UK resident.

PAYMENT

You will be notified via email within 7 days as to the status of your application. Payment must be made by bank

transfer within 14 days of receiving an invitation to compete. Your entry will only be secured upon receipt of

payment. The Refund and Withdrawal policy will take effect starting from the time we receive your payment.

REFUNDS and WITHDRAWALS

Deadline for withdrawal with a refund is 1st April 2023. An administration charge of £150 will be deducted from all

fees paid to date. Withdrawals must be received by email to info@racingquest.co.uk and will be acknowledged by

return email. Withdrawals received after 1st April 2023 WILL NOT receive a refund.





IMPORTANT ADVICE

This event offers the well-trained and committed individual one of the greatest endurance challenges. Before sending in your application, however, do not overlook (1) the need for proper care and training of your team members - you cannot and will not make it without them, and (2) the considerable financial and personal commitment needed to successfully participate.

Remember, too, that unless you have adequately planned and are sufficiently trained your ability to finish will not be good.

- 1. Please read thoroughly the Application Form, UMUK Rules and Guidelines.
- 2. Answer all questions in the spaces provided. Be concise, relevant, and complete.
- 3. Sign and date in the spaces provided. Return completed application to info@racingquest.co.uk

REGISTRATION DETAILS:

SURNAME:	FIRST NAME:
ADDRESS:	
MOBILE PHONE:	HOME/WORK PHONE:
EMAIL:	WEBSITE (if applicable):
DATE OF BIRTH (dd/mm/yyyy):	OCCUPATION:

ATHLETE SHIRT SIZE (please circle): Small Medium Large Extra Large





The following questions offer you the opportunity to provide pertinent information about your background and qualifications regarding endurance sports and ultra-distance events. Your answers and apparent ability to finish the event will be of significant value in determining whether or not you receive an invitation.

1. Are you a pa	ast ultra-distance participant?	Yes	No	
2. List the nam	ne, date and distances of the lo	ngest triathlon	that you have finish	ed in the last 18 months.
NAME OF EVE	NT:		DATE:	
DISTANCES:	SWIM:	_ (miles/km)	TIME:	
	BIKE:	_ (miles/km)	TIME:	
	RUN:	_ (miles/km)	TIME:	
3. List any maj	jor endurance event completed	during the las	t 18 months.	
4. Estimated s	wim time (10km distance):			
	_ 2-2½ Hours _ 2½-3 l	Hours 3-4	Hours 4-5 Hou	urs Over 5 Hours
	s unsupported race crewing ex			_
o. List previou	s unsupported face crewing ex	perience.		
BEFORE	E-MAILING, BE SURE THE APPILIES ENCOMPLETE APPILIES		COMPLETELY FILLEI ILL BE RETURNED.	OUT AND SIGNED.

SIGNATURE: ___





ACKNOWLEDGEMENT, WAIVER & RELEASE FROM LIABILITY (AWRL)

Please	read carefully before signing
HEREE that I a otherwi Racing	acknowledge that a triathlon is an extreme test of a sphysical and mental limits and carries with it the potential for death, serious injury, and property loss. I by ASSUME THE RISKS OF PARTICIPATING IN TRIATHLONS AND UMUK, IN PARTICULAR. I certify am physically fit, have sufficiently trained for participation in these events, and have not been advised see by a qualified medical person. I acknowledge that my statements on this AWRL are being accepted by Quest (UK) Limited and are being relied upon by Racing Quest (UK) Limited and the various race sponsors, ers and administrators in permitting me to participate in UMUK.
	ing me to participate in UMUK, I hereby take the following action for myself, my executors, administrators, ext of kin, successors and assigns:
a)	I AGREE to abide by the Competitive Rules, including the Medical Control Rules, as they may be amended from time to time, and I acknowledge that my participation may be revoked or suspended for violation of the Competitive Rules;
b)	I WAIVE, RELEASE, DISCHARGE from any and all claims or liabilities for death, personal injury, property damage, theft or damages of any kind, which arise out of or relate to my participation in, or my travelling to and from the UMUK event, THE FOLLOWING PERSONS OR ENTITIES: event sponsors, race directors, event producers, volunteers, all counties or localities in which events or segments of events are held, and the officers, directors, employees, representatives and agents of any of the above;
c)	I AGREE NOT TO SUE any of the persons or entities mentioned above for any of the claims or liabilities that I have waived, released or discharged herein;
d)	I INDEMNIFY AND HOLD HARMLESS the persons or entities mentioned above from any claims made or liabilities assessed against them as a result of my actions during UMUK.
1 F	HEREBY CONFIRM THAT I WILL BE AT LEAST 18 YEARS OF AGE OR OLDER AT THE START OF UMUK 2023, I HAVE READ THIS DOCUMENT AND I UNDERSTAND THE CONTENTS WITHIN.
ATHLE	TE
Name:	(Print) Signature: